

# TANTRICK DOG

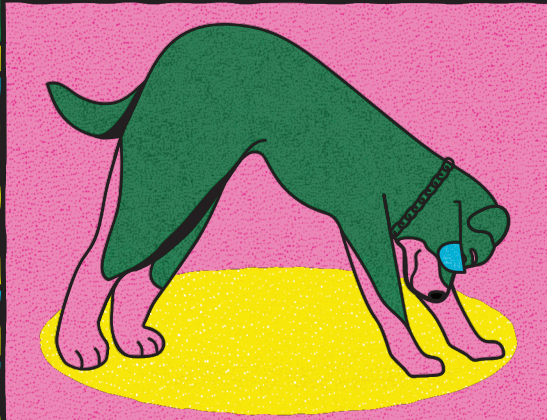
TANTRA IS THE PRACTICE OF LIVING LIFE THROUGH THE SENSES & ALLOWING ALL ASPECTS TO CO-EXIST. WE ARE ALL WOVEN TOGETHER.

\$16

ALL COCKTAILS

A COLLABORATION WITH HAUM YOGA STUDIO

DESIGN + ILLUSTRATIONS BY LILY THERENS



## DOWN DOG

Mezcal Union Joven, Martini Fiero Aperitivo, papaya, vanilla, harissa, cinnamon, lemon, served on the rocks.

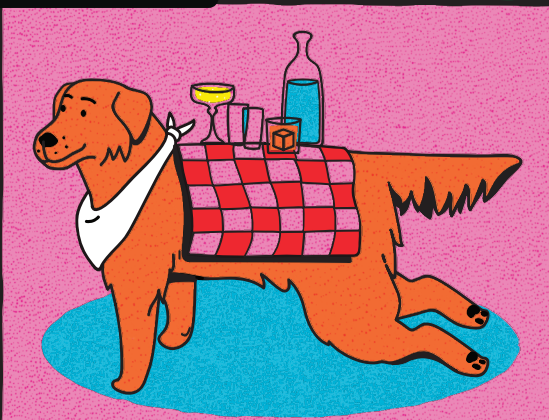
**PAPAYA:** High in vitamin C and antioxidants which may help reduce inflammation and make your skin look more toned.



## COBRA

Herradura & Tapatio tequilas, Veso Strawberry Solstice, falernum, pandan, marigold, bee pollen, lemon, served on crushed ice.

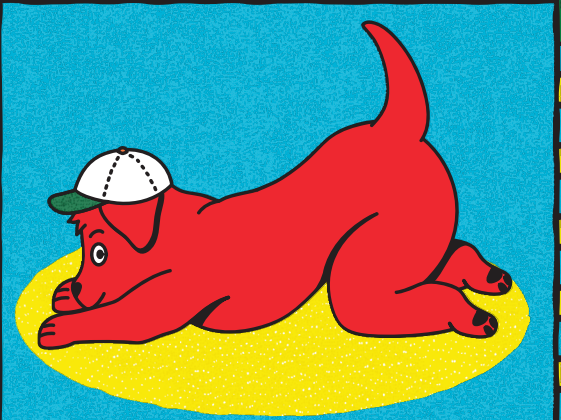
**BEE POLLEN:** May improve metabolism, may boost liver function and healing, and may reduce the severity and onset of allergies.



## TABLETOP

Monkey Shoulder whisky, amontillado sherry, Nixta, Licor 43, miso, corn tea, Ardbeg & blackstrap float, served on an ice sphere.

**MISO:** Rich probiotic content may improve digestion and reduce gas, as well as boost immunity.



## PUPPY POSE NON-ALC

Wilderton Lustre, Seedlip Garden 108, wheatgrass, probiotic yogurt, lemon, grapefruit zest, served clarified on a big cube.

**WHEATGRASS:** Contains antioxidant, antibacterial, & anti-inflammatory properties which may help aid your body in getting rid of impurities & stored toxins.



## CAT/COW

Fords gin, Mommenpop Makrut Limepop, Genepy le Chamois, white sesame, coconut, lime, served ice cold.

**COCONUT:** Provides carbs and protein along with many essential minerals, such as manganese, copper, iron, and selenium.



## CHAIR POSE

Botanist gin, Martini dry vermouth, Manzanilla sherry, Parmesan, olives, thyme, champagne vinegar, salt, served up.

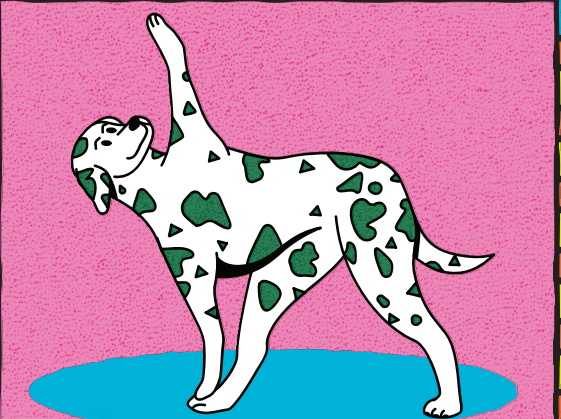
**OLIVES:** Good source of vitamin E, iron, copper, and calcium which may increase bone health and decrease the risk of fractures.



## HERO

Hendricks gin, Suze aperitif, blanc vermouth, Calpico, Indonesian long pepper, grapefruit, lime, served over ice.

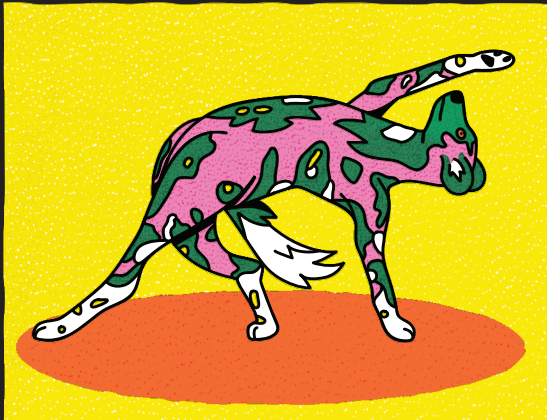
**GENTIAN ROOT:** May have anti-inflammatory benefits for people with sinus infections like decreasing congestion, headaches, and facial pain.



## TRIANGLE

Patron silver tequila, Montenegro, Martini dry vermouth, California Falernum, raspberry leaf, orange zest, served on a big cube.

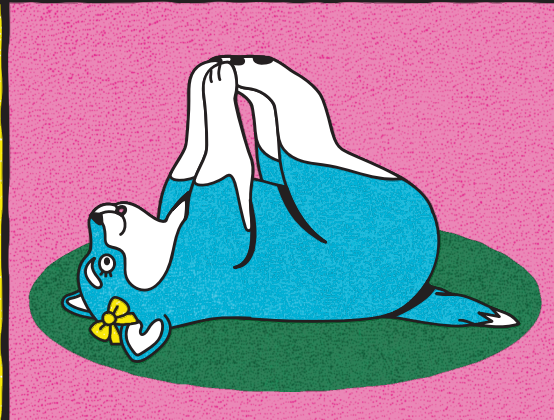
**RASPBERRY LEAF:** Rich in antioxidant compounds which may help protect against inflammation and chronic disease.



## WILD THING

Aberfeldy whisky, Novo Fogo cachaça, oloroso sherry, grass jelly, azuki bean, lime, served on crushed ice.

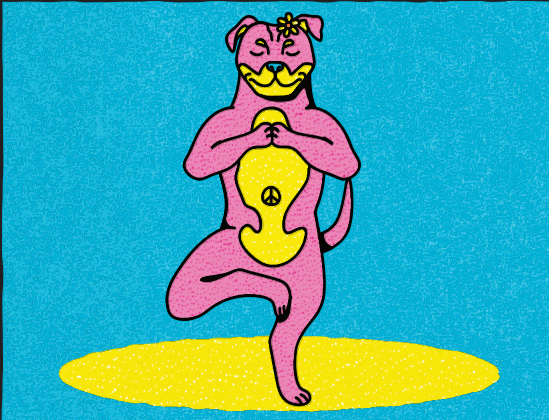
**AZUKI BEANS:** Rich in nutrients such as fiber, protein, and manganese and may have health benefits like improved digestion.



## HAPPY BABY NON-ALC

Lyre's Coffee Originale, Three Spirits Social Elixir, Dr. Zero Zero AmarNo, cascara, nutritional yeast, tonic, All the Bitter Nola bitters, served ice cold.

**NUTRITIONAL YEAST:** A great source of plant based protein, B vitamins, and making you feel like you're better than everyone else.



## TREE POSE

Highland Park whisky, Irish whiskey, Carpano Antica, Brucato Woodlands, cranberry, stone pine, mushroom butter, served up.

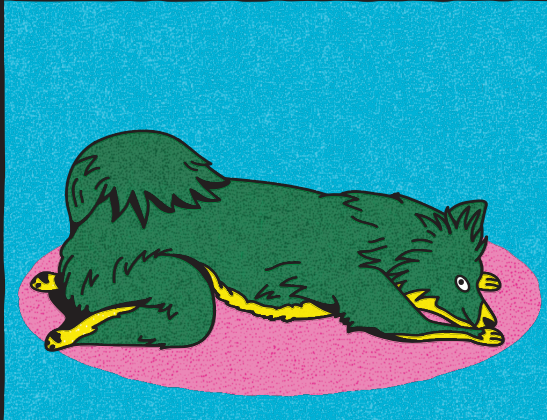
**LION'S MANE MUSHROOM:** May boost the immune system which may protect the body from bacteria, viruses & other disease-causing pathogens.



## FIVE POINTED STAR

Grey Goose vodka, carrot eau de vie, white port, turmeric, ginger beer, honey, black pepper, lemon, served long.

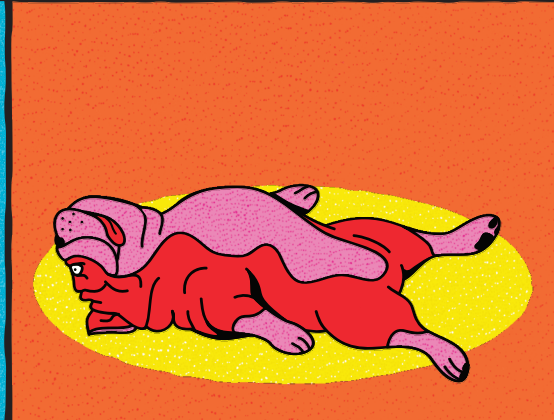
**TURMERIC:** The main active ingredient curcumin is a natural anti-inflammatory & Turmeric has been proven to stain every fucking thing in your house.



## CHILD'S POSE NON-ALC

Seedlip Grove, Martini Floreale, Wilderton Earthen, chrysanthemum, honey, ginseng, grapefruit, lemon, Ceylon Trick D, served up.

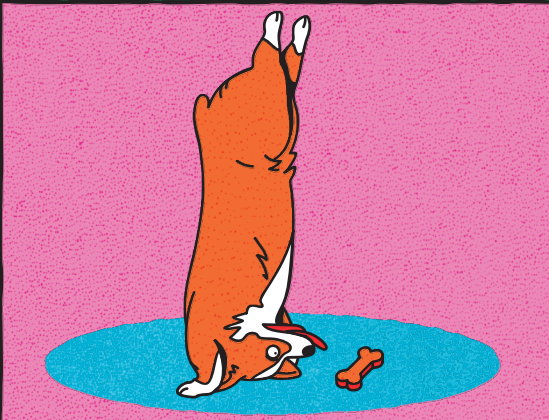
**GINSENG:** Has powerful properties which may relieve stress and has been shown to help ease fatigue and increase energy levels.



## SHAVASANA

Don Q cristal rum, Accompani dry vermouth, watermelon, Chateau aloe liqueur, lime, msg, served on crushed ice.

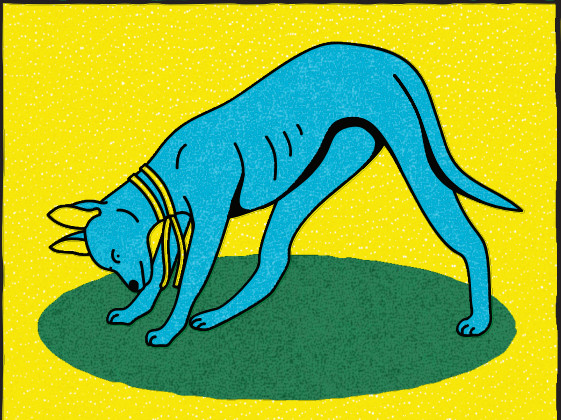
**ALOE:** May soothe irritated skin after shaving and eczema flare ups, as well as reduce heat and pain associated with sunburn.



## HEADSTAND

George Dickel Bourbon whiskey, Copalli Cacao rum, banana, oats, açai foam, lemon, on the rocks.

**AÇAI:** A "super fruit" that contains healthy fats with low amounts of sugar and are loaded with antioxidants.



## PYRAMID

Bacardi Ocho & Santa Teresa rums, Martini Bitter, La Fuerza vermouth rojo, strawberry, pineapple, coconut, served on a big cube.

**PINEAPPLE:** Has anti-inflammatory properties that may relieve symptoms of arthritis and speed recovery after strenuous exercise.

CONTAINS DAIRY CONTAINS SOY

@TRICKDOGBAR #TANTRICKDOG

FLIP ME OVER FOR MORE...

More human studies are needed to establish and confirm health properties of any of the ingredients listed on this menu. The information is listed strictly for entertainment purposes and is not to be considered medical advice.



## FOOD

### QD Mission Dog 15

Butterflied all-beef hot dog, strip of bacon, fire-roasted jalapeño spread, sautéed onion, mustard, "Doggie" sauce, served on a hot dog bun.

### Quik Dog Burger 15

5 oz. house-ground chuck & brisket patty, lettuce, onion, pickles, American cheese, "Doggie" sauce, served on a hot dog bun.

### Quik Nuggets 15

8 oz. portion of buttermilk-brined crispy chicken nuggets. Comes with honey mustard and BBQ sauce.

### Crispy Chicken Sando 15

Buttermilk-brined crispy chicken nuggets, lettuce, onion, pickles, "Doggie" sauce, served on a hot dog bun.

### QD French Fries 9

Thrice-cooked Kennebec potatoes. Comes with ketchup and "Doggie" sauce.

### Veggie QD Mission Dog 16

Butterflied Field Roast vegetarian frankfurter, fire-roasted jalapeño spread, sautéed onion, mustard, "Doggie" sauce, served on a hot dog bun.

### 'Beyond' Quik Dog Burger 16

5 oz. "Beyond" vegetarian patty, lettuce, onion, pickles, American cheese, "Doggie" sauce, served on a hot dog bun.

### Veggie Nuggets 16

8 oz. portion of plant-based nuggets. Comes with honey mustard and BBQ sauce.

### Famous Kale Salad 15

Curly kale, avocado, parmesan, pepitas, and slow-cooked egg yolk dressing.

## HALFWAY LIFT

\$14

-LOW ABV-

### Half Camel

Oloroso sherry, Brelle de Brillet pear liqueur, Yerba Mate tea, hibiscus, lemon, served long.

### Half Moon

Fino sherry, grappa, blanc vermouth, stone fruit, served up.

### Half Monkey

Amaro blend, lime, sugar, served up.

## BREATHWORK

\$14

-HIGHBALLS-

### Breath of Fire

Rums and Coke

### Lions Breath

Roe & Co Irish whiskey and cream soda

### Humming Bee

Awamori and Club Mate

### Shining Skull

Ritual Aperitivo and Athletic Brewing lemon radler (Non-Alc)

## POWER POSES

\$14

-BOILERMAKER-

### Warrior 1

Frozen Ahus Akvavit and Fort Point Sfizio Pilsner

### Warrior 2

Mr. Black and Vodka + Soda

### Warrior 3

TD Banhez mezcal and Tecate

### Reverse Warrior

Pathfinder Amaro and Best Day Brewing Kolsch (Non-Alc)

## CHAKRAS

\$10

-SHOTS-

### Third Eye Chakra

Espolon Tequila, Alma Tepec pasilla chile liqueur, Leopold lime cordial, apple cider vinegar.

### Heart Chakra

Community Vodka, St. Germain elderflower liqueur, black currant, aloe, elderberry.

### Crown Chakra

Pineapple rum, Canton ginger liqueur, Cointreau, wheat grass.

### Root Chakra

Fresh pressed ginger Shot (Non-Alc)

## WINE

### BUBBLY

M. Bonnamy Brut Crémant de Loire 15/60

Champagne Telmont Réserve Brut 750ml 114

Sovi Sparkling Wine Non-Alc 250ml Can 12

### PINK

Broc Cellars "Love" Rosé 2022 15/60

### WHITE

Southold "Don't Forget to Soar"

White Blend 2022 15/60

### ORANGE

En Cavale "Who Goes There?"

Sauvignon Blanc 2022 16/68

### RED

Le Machin Pinot Noir 2022 16/68

## BEER

Tecate 4

Miller High Life 4

Peroni 6

Fort Point Sfizio Pilsner 7

Fort Point Villager IPA 8

Alvarado St Rotating IPA 12

Tepache Sazon 12

Stiegl Grapefruit Radler 8

Aval Rose Cider 8

Erdinger Weissbrau (Non-Alc) 6

Athletic "Run Wild" IPA (Non-Alc) 6

Best Day Brewing Kolsch (Non-Alc) 6

## SODA

Topo Chico 5

Bubble Up 5

Mexican Coke 5

Mexican Squirt 5

Cheerwine 5

Cel-Ray 5

Sprecher Root Beer 6

Sprecher Cream Soda 6

Casamara Club Sera 6

Dram Sweetgrass Hemp Sparkling Water 8

## SHERRY

**FINO** La Gitana Manzanilla 10

Hidalgo en Rama Manzanilla 16

Pastrana Manzanilla Pasada 12

**AMONTILLADO** Hidalgo Napoleon 10

Bodegas Barbadillo 10

**CREAM** Hidalgo Alameda 10

**PX** Hidalgo Triana Oloroso 13

Bodegas Barbadillo 10

### BON VIVANTS INITIATIVES

**BV Run Club** The BV Run Club is an initiative from Bon Vivants Hospitality focused on physical, mental and social fitness. All people and all paces are welcome to join our group runs. Follow @bvrunclub on Instagram for the latest news and runs. "Proud to cross the starting line."

**BV Bottle Club** Started in 2020, the BV Bottle Club made available the extraordinary private selection single barrels that Trick Dog had under lock and key. Limited to 100 spaces, a portion of the proceeds of the BV Bottle Club supports our Bon Vivants Scholarship at ScholarMatch. The \$1,000 membership includes ten exclusive BV Hospitality private selections (some when you sign up and some over time). Treat yourself or someone you love. Head to [bvbottleclub.com](http://bvbottleclub.com) for more details and to sign up.

**Events** We would love to host your next get-together. Whether it's a small dinner, a big feast, cocktail party, tasting event, class, wedding or spontaneous celebration, we have the perfect space and package for you. Between our multiple levels and establishments we've got you covered. Email [events@bonvivants.com](mailto:events@bonvivants.com) to find the perfect fit for your special occasion!

**Bon Vivants Scholarship** All proceeds from the sales of our menus, various other merchandise, and events will support the Bon Vivants Scholarship fund. In its first two years, the Bon Vivants Scholarship was awarded to ScholarMatch students who are the children of hospitality workers in San Francisco and the first in their family to attend college. In 2020, we adjusted the criteria to promote racial and social equity through the power of a college education. Beginning in 2021, the Bon Vivants Scholarship was awarded to a first-in-their-family-to-college Black student attending school in San Francisco. Learn more about the Bon Vivants Scholarship and make your tax-deductible donation at [scholarmatch.org/bonvivants](http://scholarmatch.org/bonvivants).

This limited edition menu is for sale for \$25

trickdogbar.com | @trickdogbar | quikdogs.com | @quik\_dog | Contact us info@trickdogbar.com  
6.5% SF Mandate fee will be added to all checks | Tabs left open will be closed with an additional 20% service charge